

OSHAY'S

Fetal alcohol spectrum disorders (FASDs) are a group of conditions that can occur in a baby who is exposed to alcohol before birth. These effects are lifelong.

There are four types of FASDs:

- > Fetal alcohol spectrum disorder (FASD)
- > Fetal alcohol syndrome (FAS)
- > Alcohol related neurodevelopment disorder (ARND)
- > Alcohol-related birth defects (ARBD).

Oshay's Brain Domain CIC, previously known as Oshay's FASD, is a not-for-profit community interest company within South Ayrshire that was formed in 2019 to raise awareness, share our knowledge and understanding of FASD, as well as offering support and guidance for everyone affected by FASD.

We have also set up a much-needed support service for biological parents, foster carers, adoptive parents, kinship carers and step-parents across the whole of the UK, as well as the professionals who work and support these families..



Do you know someone that could benefit from Oshay's Mind Mapping assessment?

If so, please get in touch using the referral form on our website.

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OSHAY'S BRAIN DOMAIN

Mind Mapping Assessment



MIND MAPPING

Oshay's Mind Mapping assessment comprises of a questionnaire for parents/guardians to fill in, followed by a comprehensive report compiled on behalf of the specific user. This report provides a convenient summary for future reference of various aspects of the users behavioural responses caused by their brain based condition.

The assessment allows us to give a detailed breakdown of the individual's understanding, strengths and weaknesses,, which we then analyse and suggest coping strategies and help to put accommodations in place.

We can also provide a detailed written report for school so that these crucial strategies are put in place for the child. The impact this report has had, not only for the individual, but for everyone involved with their education, social, and home life, tells us there is a great need for these assessments.

The possibility of being able to have, as well as enjoy an education is fundamentally the key to success and the reason why we do what we do.

At Oshay's, we know that If the right support system are put in place, we can avoid further FASD characteristics coming to the fore.

Secondary and tertiary characteristics, may further impact on our children's mental well-being if these are not addressed.

Sadly, there is no treatment for FASD and the damage to a child's brain and body cannot be reversed but early intervention and tailored support, can make a significant difference.

**- "As a Parent with 2 kids diagnosed with FASD, Oshay's mind mapping report changed everyone's life at home and especially at school. We are forever thankful"..
- Verified User Quote**

AFTERCARE

Oshay's Mind Mapping assessment is available to everyone, along with our aftercare package, which includes:

- One to one counselling sessions with our in-house counsellor.
(Face to face or online via Teams/zoom)
- Ongoing online support groups for parents/caregivers. This class is also a fantastic way of connecting you with other people in similar situations.
- Monthly online support group for the individual of the assessments, with Paula, the co-founder of Oshay's who has been diagnosed with FASD.
- Weekly one to one online support with Paula.
- Peer mentoring.
- Private tuition.
- Training packages